

Long-Term Care and Community Services

Long-Term Care Resident Handbook

October 2023 - A large print copy is available at the front desk by request

Mission Statement Inspired by the healing ministry of Jesus Christ and the life of St. Marguerite D'Youville, Marianhill provides love and compassionate Care in the Catholic tradition to older adults within their homes, the community and Marianhill.



Long-Term Care and Community Services

MARIANHILL MISSION STATEMENT

Inspired by the healing ministry of Jesus Christ and the life of St. Marguerite d'Youville, Marianhill provides love and compassionate care in the Catholic tradition to older adults within their homes, the community and Marianhill.

MARIANHILL VALUES

Within the Christian community of Marianhill, honesty and empathy are among the prevailing qualities that form the foundation of our services and care. The healing ministry of Christ requires that these qualities be reflected in the Christian values of Marianhill and form an integral part of our daily conduct.

Hospitality

Invites us to create an environment marked by openness, warmth and acceptance for all

Spirituality

Calls us to nurture the body mind and soul of each other and those we serve

Integrity

Invites us to a life of honesty, respect and justice

Dignity

Requires us to honour the sacredness of life

Excellence

Challenges us to be innovative and accountable leaders in the care and services provided



Long-Term Care and Community Services

HISTORY OF MARIANHILL

Marianhill was founded in 1954 by the Grey Sisters of the Immaculate Conception and has since its conception aimed at providing quality care. Upon construction of the new General Hospital, the Grey Sisters of the Immaculate Conception converted the old hospital into a Home for the Aged called Marianhill, providing care for over 100 residents.

The present Marianhill was built in 1980-81. Marianhill is governed by a Board of Directors, consisting of men and women from throughout the community. The Board of Directors is accountable to the Catholic Health Sponsors of Ontario, the Ministry of Long-Term Care and to the public, and governs in the interest of Marianhill and those we serve.

Marianhill has evolved into a 200 bed facility. Marianhill offers Long-Term and complex continuing care, including a palliative care unit, which serves the Pembroke area. The Marianhill residence provides dementia respite services for individuals suffering from Alzheimer Disease or related dementia. Marianhill also serves the community with adult day programs as well as in home respite and assisted living services.

Marianhill emphasizes independence, choice, respect for privacy, and dignity of the person. The Board of Directors and staff members strive to follow the example of St. Marguerite d'Youville by offering compassionate care within Marianhill and the community.

Marianhill is pleased to have the opportunity to work with individuals and organizations throughout the Upper Ottawa Valley. More than 160 volunteers support our work at Marianhill. We also benefit from the support of area service clubs, private donations and memorial contributions, which help us procure items that are not covered by government funding.

We welcome you to Marianhill!



Long-Term Care and Community Services

RESIDENTS' BILL OF RIGHTS

Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

RIGHT TO BE TREATED WITH RESPECT

- 1. Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.
- 2. Every resident has the right to have their lifestyle and choices respected.
- 3. Every resident has the right to have their participation in decision-making respected.

RIGHT TO FREEDOM FROM ABUSE AND NEGLECT

- 4. Every resident has the right to freedom from abuse.
- 5. Every resident has the right to freedom from neglect by the licensee and staff.

RIGHT TO AN OPTIMAL QUALITY OF LIFE

- 6. Every resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.
- 7. Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.



Long-Term Care and Community Services

- 8. Every resident has the right to share a room with another resident according to their mutual wishes if appropriate accommodation is available.
- 9. Every resident has the right to meet privately with their spouse or another person in a room that assures privacy.
- 10. Every resident has the right to pursue social, cultural, religious, spiritual and other interests, to develop their potential and to be given reasonable assistance by the licensee to pursue these interests and to develop their potential.
- 11. Every resident has the right to live in a safe and clean environment.
- 12. Every resident has the right to be given access to protected outdoor areas in order to enjoy outdoor activity unless the physical setting makes this impossible.
- 13. Every resident has the right to keep and display personal possessions, pictures and furnishings in their room subject to safety requirements and the rights of other residents.
- 14. Every resident has the right to manage their own financial affairs unless the resident lacks the legal capacity to do so.
- 15. Every resident has the right to exercise the rights of a citizen.

RIGHT TO QUALITY CARE AND SELF-DETERMINATION

- 16. Every resident has the right to proper accommodation, nutrition, care and services consistent with their needs.
- 17. Every resident has the right to be told both who is responsible for and who is providing the resident's direct care.
- 18. Every resident has the right to be afforded privacy in treatment and in caring for their personal needs.



Long-Term Care and Community Services

19. Every resident has the right to:

- participate fully in the development, implementation, review and revision of their plan of care,
- give or refuse consent to any treatment, care, or services for which their consent is required by law and to be informed of the consequences of giving or refusing consent,
- participate fully in making any decision concerning any aspect of their care, including any decision concerning their admission, discharge, or transfer to or from a long-term care home and to obtain an independent opinion with regard to any of those matters, and
- have their personal health information within the meaning of the Personal Health Information Protection Act, 2004 kept confidential in accordance with that Act, and to have access to their records of personal health information, including their plan of care, in accordance with that Act.
- 20. Every resident has a right to ongoing and safe support from their caregivers to support their physical, mental, social and emotional wellbeing and their quality of life and to assistance in contacting a caregiver or other person to support their needs.
- 21. Every resident has the right to have any friend, family member, caregiver or other person of importance to the resident attend any meeting with the licensee or the staff of the home.
- 22. Every resident has the right to designate a person to receive information concerning any transfer or any hospitalization of the resident and to have that person receive that information immediately.
- 23. Every resident has the right to receive care and assistance towards independence based on a restorative care philosophy to maximize independence to the greatest extent possible.



Long-Term Care and Community Services

- 24. Every resident has the right not to be restrained, except in the limited circumstances provided for under this Act and subject to the requirements provided for under this Act.
- 25. Every resident has the right to be provided with care and services based on a palliative care philosophy.
- 26. Every resident who is dying or who is very ill has the right to have family and friends present 24 hours per day.

RIGHT TO BE INFORMED, PARTICIPATE, AND MAKE A COMPLAINT

- 27. Every resident has the right to be informed in writing of any law, rule or policy affecting services provided to the resident and of the procedures for initiating complaints.
- 28. Every resident has the right to participate in the Residents' Council.
- 29. Every resident has the right to raise concerns or recommend changes in policies and services on behalf of themselves or others to the following persons and organizations without interference and without fear of coercion, discrimination, or reprisal, whether directed at the resident or anyone else:
 - the Residents' Council
 - the Family Council
 - the licensee, and, if the licensee is a corporation, the directors and officers of the corporation, and, in the case of a home approved under Part IX, a member of the committee of management for the home under section 135 or of the board of management for the home under section 128 or 132
 - staff members
 - government officials
 - any other person inside or outside the long-term care home



Long-Term Care and Community Services

MARIANHILL'S SUMMARY OF SERVICES

Nursing and personal care provided 24/7 (including foot care services);

Supplies and equipment for skin care, continence products, for infection control and sterile procedures;

Medical devices such as catheters and colostomy and ileostomy devices; Supplies and equipment for personal hygiene and grooming, including skin lotions and powders, shampoo, soap, deodorant, toothpaste, toothbrushes, denture cups and cleansers, toilet tissue, facial tissue, hair brushes, combs, razor/shavers, shaving cream, feminine hygiene products;

Equipment for general use such as wheelchairs (if a wheelchair is required on a permanent basis see note under section Mobility Equipment), geriatric chairs, canes, walkers, toilet aids, and other self-help aids for the activities of daily living;

Meal service and meals, including three meals daily, snacks between meals and at bedtime, special and therapeutic diets, dietary supplements and devices enabling resident to feed themselves;

Social recreational and physical activities and programs, including related supplies and equipment;

Laundry, including labeling, machine washing and drying of personal clothing;

Bedding and linen, including comfortable mattress with waterproof covers, pillows, bed linen, wash cloths and towels; and,

Cleaning and upkeep of resident's room and building.



Long-Term Care and Community Services

Cablevision, Newspapers and Internet See Television

Call-Bell System

A nurse call system is provided in your room and bathroom. Staff members have pagers and phones which notify that you have asked for assistance. Opened exit doors also ring through to the pagers.

Coffee Shop

There is a coin automated drink vending machine in the coffee shop area. The residents are provided snacks, tea, coffee, and juice between meals and during the evening on each wing.

Confidentiality

Marianhill may be entrusted with the knowledge of personal and private affairs of its residents. Under the declaration of confidentiality and code of ethics, all employees undertake not to divulge any of this knowledge at any time with any unauthorized person during the term of employment with Marianhill or thereafter, except in the course of duties as an employee.

Consent to Treatment

(In accordance with Nursing Policy B008, for further details, contact Linda Tracey, CEO at ext. 4301 or Diane Tennant, Director of Care at ext. 4262.)

- The health practitioner determines the capacity of the resident. The resident is capable with respect to a treatment if the resident:
- Understands the information that is relevant to making a decision concerning the treatment or personal assistance service.
- Is able to appreciate the reasonably foreseeable consequences of a decision or lack of decision.

If the resident is incapable, consent is obtained from the substitute decisionmaker.

The resident has the right to refuse any care/treatment offered within Marianhill and the resident's wish shall be given priority.



Long-Term Care and Community Services

Dental Care

A Dental Hygienist provides services at Marianhill. An information package and consent form is available. Fees for an Oral Hygiene Assessment are based on the recommended Dental Hygiene Fee Guide. An independent Dentist also provides services at Marianhill (based on availability) or you can maintain your dental care with your own Dentist and Dental Hygienist. Dental appointments may be arranged on a regular basis.

Good oral hygiene has resulted in the prevention and treatment of oral diseases such as periodontal disease. Good periodontal health starts with you; visit a dentist at least twice a year for a thorough cleaning and oral examination. We recommend that residents have their dentures personally labeled. This can be done by a local dental lab.

Dietary Services

Three meals and three snacks are prepared on site in the main kitchen according to Canada's Food Guide and the Long-Term Care Guidelines. For those frail residents needing to be fed, dining areas are staffed to meet your individual needs. A three-week cycle menu is followed to ensure a variety of foods are offered to you. Please check with the staff for designated meal times. Nourishments/snacks are delivered to the residents on each unit, and in their rooms.

Any food kept in resident's rooms must be sealed in a plastic container.

Residents are encouraged to participate in the meal planning process. A meal planned by the residents is offered monthly. A recreation programmer is available on your unit to assist you if you have any suggestions.

A registered Dietitian assesses the nutritional needs of all residents and ensures that therapeutic diets are provided if needed.

If you have any concerns, please contact:

Manager of Nutrition Services Extension 4324

Dietitian Extension 4325



Long-Term Care and Community Services

Drugs and Medical Supplies

Marianhill cannot charge for non-prescription drugs, medication and treatment products and supplies obtained through Ontario Government Pharmaceutical and Medical Supply Services upon requisition.

Some non-prescription drugs, medication and treatment products and supplies not available through Ontario Government Pharmaceutical and Medical Supplies are not covered. Before ordering such items, you will be informed if a cost will apply.

Email Contact

An email address is requested on admission as this is the primary method of communication with family members when required (outbreaks, construction impacts, etc.) and ensures timely sharing of information.

Emergency Codes

Marianhill utilizes the Incident Command system to deal with emergencies. Emergency Codes are practiced regularly. If you hear a Code being called please remain where you are and wait for direction from Marianhill staff or Emergency personnel. The Emergency Preparedness Plan is posted on the website under "Required Documents".

Ethical Issues/Ethics Committee

The Ethics Committee is available to any staff, resident or family member for ethical consultative services. Staff members, residents, and families are encouraged to refer issues/concerns to the Ethics Committee prior to or following a perceived violation of ethics. Referral forms are available on each unit and from the front office.

Family Council

Marianhill has Family Council to work co-operatively with the Home to enhance care to the residents and to provide support to the families, and to liaise with similar groups in the community. The Family Council representatives and their phone numbers are listed in the Family Information display case. The council meets bi-monthly in the Board Room at Marianhill.



Long-Term Care and Community Services

Financial Services

The business office hours are 8:30 a.m. to 4:00 p.m. from Monday to Friday, excluding statutory holidays.

Accommodation rates are set annually by the Ministry of Long-Term Care (MLTC). It is expected that payments be made to Marianhill Inc. at the beginning of each month. Direct deposit billing is an option that is available to all residents and is recommended.

Payments can also be made through Interac e-transfer. Please send payment to finance@marianhill.ca. In the message field you MUST include your name and Client Number for your payment to be properly applied.

There are several additional costs, which are not included in the accommodation fees. Examples of such costs are:

- Hairdressing/Barbering rates
- Personal telephone service and television cable service
- Internet services
- Dental care services
- Advanced foot care services if contracted outside Marianhill
- Dry cleaning services
- Companion costs for transportation to medical appointments (please see nursing staff for details)

The staff in the business office can assist with all your financial questions. In Ontario residents are guaranteed a comfort allowance; this means every senior or adult receiving Ontario Disability Support is entitled to have the comfort allowance available to them after accommodation fees have been charged. To enable this there are a number of government financial assistance programs available to citizens aged 65 years and over including Rate Reduction and Exceptional Circumstance. The staff in the financial department will assist with these applications.



Long-Term Care and Community Services

Fire

Fire drills are held monthly, once on each shift focusing on random scenarios. In the event of a fire drill, you are to remain where you are and take direction from the staff. The fire exits are all marked with lit signs, and fire extinguishers and hoses are throughout the building.

All exits are monitored and locked with a magnetic system. Doors alarm when held open. Should the fire alarm sound all exits automatically open. The Fire Safety Plan is posted on the website under "Required Documents".

Foot Care Services

Marianhill staff provides foot care services, both basic care and advanced care if required due to specific health conditions such as diabetes. There is no extra charge for this service. Family members can contract and pay directly a foot care provider if they wish.

Funeral Planning

On admission, any funeral plans that have been prearranged by the resident are noted in the resident's chart.

Hairdressing/Barber Shop

Hairdressing and barber services are available at the salon. Appointments can be made directly at the salon or via the nursing department. You can also book an appointment by calling 613-735-6839 ext. 4332.

A price list is posted in the salon for your information. Payment is made directly at the salon or charged to your trust account. Gift certificates are available at the administration office.

Hazard Identification

Marianhill uses a red Hazard tag to identify any equipment/item that is broken and not to be put in use. Wet floor signs, and other signage may also be seen throughout the Home to advise of unsafe situations. Please respect these directions and do not use tagged equipment or walk on wet floors, etc.

Housekeeping Service

Housekeeping service is provided on a regular basis. The cleaning of closets



Long-Term Care and Community Services

and drawers is the responsibility of the resident and/or Advocate. It is important to maintain closets in an organized manner.

Internet Services – see Television

Laundry Services

All personal machine washable items are laundered on site. Marianhill provides all bed linens, blankets, spreads, pillows and towels.

- Personal Clothing
 - On admission, and when new clothing is purchased, the family/advocate is responsible for taking all personal clothing to the laundry room to be labeled. Marianhill is responsible for the application of labels. Clothing **must be** labeled. Marianhill is not responsible for lost clothing.
- Dry Cleaning & Clothing Repair
 You are responsible for your dry cleaning and clothing repair.

Leave of Absence/Vacation

Resident absences including medical, psychiatric, casual, and vacation are subject to the following time restrictions:

Type of Leave/Duration of Leave

- Medical Must not exceed 30 days
- Psychiatric
 Must not exceed 60 days
- Casual (Total length of the period between midnight on a Saturday and midnight on the following Saturday), Must not exceed 48 hours.

*(Total length of the resident's vacation absences during the calendar year) must not exceed 21 days



Long-Term Care and Community Services

While on any of the above leaves accommodation charges will continue at the regular daily rate.

Mail

Mail is delivered and distributed from the Nursing Station to each resident's room. Redirection of the mail is your responsibility. Mail may be posted at the front office.

Medical Appointments

The Medical Director is Dr. Bruce Stader. He is also an attending physician at Marianhill. A number of doctors have privileges and see residents regularly at Marianhill. Should your physician not currently have privileges, please notify us as soon as possible to arrange for coverage for you or, in the alternative, to apply for physician privileges for your doctor. The physicians provide us with an on-call after hours schedule for coverage.

Medical appointments ordered by the attending physician will be coordinated by the Nursing Department. Arrangements will be made for companions from various health agencies to accompany you if the family or Advocate is unable to attend. There is a charge for this service.

Medical Care

Regular visits/clinics are arranged through the nursing office for your Doctor. At Marianhill your medication is reviewed every three months by your physician and an annual physical examination is scheduled. A resident may remain under the care of their community attending physician providing he/she has admitting privileges to Marianhill.

A Nurse Practitioner is also on staff at Marianhill to assist the attending physicians.

The Nursing team is comprised of Unit Managers, Registered Nurses (RN), Registered Practical Nurses (RPN) and Personal Support Workers (PSW). A Registered Nurse is required in the building 24/7.



Long-Term Care and Community Services

The Nursing team will notify the next of kin/representative in the event the resident is injured or if there is a change in the resident's health status. Current information for reaching the next of kin is required to help ensure a prompt response to any events.

Alternative Therapies:

A range of practitioners may offer alternative therapies (complementary therapies). Many complementary therapies are not profession specific and the knowledge required to provide them is not specific to one profession. A number of practitioners from outside Marianhill may be contacted directly by the resident/family member to provide care. This is considered private services practice and is separate from those services provided by staff of Marianhill. Please advise the Unit Manager/RN if you are receiving any alternative therapies.

Mobility Equipment

The appropriate wheelchair and walker will maximize your safety, independence and comfort. If you require a wheelchair or walker on a permanent basis an Occupational Therapist will assist you and your family to apply for your new equipment through the Assistive Devices Plan. (Financial assistance may be available).

Maintenance of wheelchairs and walkers is important to optimize your independence and safety and is the responsibility of the resident / family. Marianhill arranges for equipment to be inspected and minor repairs are completed at no cost to the resident/family.

Should your wheelchair or other equipment require significant repairs, you will receive a quote for your approval before any work is completed. You are free to have your own provider inspect and repair your equipment at your convenience as well. Please note that due to the age of our building and size of doorways, hallways, etc. some equipment may not be accommodated at Marianhill (for example larger chairs, electric wheelchairs, etc.) Please discuss any concerns with the Chief Executive Officer or Director of Care.



Long-Term Care and Community Services

Newspapers

It is your or your family's responsibility to make the arrangements with the service supplier for startup and payment of these services. It is recommended that direct payments be arranged from your personal bank account.

Pastoral Care

Pastoral care is available to all residents. An information booklet from the Pastoral Care Department is given to each resident after admission. The regular services are also listed on the monthly activity calendar, which is distributed to you.

Personal Furnishings

A nightstand, lamp, bed, chair, and dresser are provided as part of the room's furnishings. The building services department must approve any personal belongings or furniture you wish to bring to Marianhill for safety reasons to ensure there is enough room for staff to clean the room and provide care in a safe manner.

We recommend rounded corners on personal furniture and non-permeable fabric coverings. We ask that you limit the number of pictures being hung up on the walls to five, and that our maintenance personnel assist with this to reduce damage to the walls.

All electrical appliances such as radios, lamps, televisions, etc. **must be** inspected by the Maintenance department prior to use. We are unable to accommodate any small refrigerators or portable air conditioners.

When a resident moves out or passes away the Ministry of Long-Term Care regulations require that Marianhill advises the Home and Community Care Support Services. As a result, all furniture and belongings must be removed within 24 hours. (Marianhill does not have space available for Long-Term storage). Unfortunately, any unclaimed belongings still at Marianhill 4 weeks following discharge will be disposed.



Long-Term Care and Community Services

Pet Visitation

Before bringing any pets into Marianhill, all vaccinations must be up to date if they are the animal is welcome to visit. It is the responsibility of the owner to have the animal under control at all times. The owner is liable for the action of their animal while visiting Marianhill (i.e. must appropriately clean up after the animal.)

Pharmacy

Marianhill has a contract with a Pharmacy provider. Most medications are covered under the Ontario Drug Benefit Plan or supplied by the Ministry of Health. There is a dispensing fee for each prescription written by your Doctor. You will be billed monthly electronically, and payment is to be made directly to the Pharmacy.

Recreation Services

Activities are offered in large groups, small groups and on a one-to-one basis depending on the type of activity and the needs of each individual person.

Activity boards are placed throughout Marianhill announcing upcoming activities as well monthly activity calendars are circulated to all residents. Activities are open to your family and friends.

Reduced Scent

Many individuals (residents, staff and visitors) are sensitive to strong perfumes and various other scents and as a result we ask that our reduced scent policy be respected.

Resident Council

To enhance the quality of services and programs which Marianhill provides a Resident's Council has been established. The Resident's Council represents all the residents of Marianhill, with the purpose of being a channel of communication in relating needs, opinions, and ideas. The Resident Council meets on a regular basis with all meetings recorded.

Resident and Family Care Concerns

Marianhill is committed to providing the highest possible quality of service to



Long-Term Care and Community Services

our residents. If you have a concern or comment about the level of care provided to you/your family member, please raise that concern or comment:

- Immediately with the staff member present at the time, or with the Charge Nurse for the unit; or
- With the Unit Manager responsible for the unit in person or by phone.

You may also raise your concerns directly with the Director of Care or the Chief Executive Officer.

Your concerns and compliments may also be documented on the Resident/Family Concern Forms that are available at the Reception Desk and at the Unit Stations. The form may be left at the Reception Desk or returned by mail. The form is forwarded to the appropriate member of staff who is responsible for recommending action to be taken to address the concern and prevent further occurrences. All forms are forwarded to the Chief Executive Officer and presented to the Management Team at their monthly meetings.

Linda Tracey, Chief Executive Officer Ext 4301

Diane Tennant, Director of Care Ext 4262

Concerns may also be forwarded directly to the Ministry of Health and Long-Term Care (MLTC) at (866) 434-0144.

On admission, all residents/representatives of residents will receive the home's policy and procedure for bringing forward complaints, compliments, concerns and recommendations. If required, the content of the policy and procedure will be reviewed with the resident or their representative.

Once feedback is received, the appropriate staff member/manager will complete the required follow-up using the Resident/Family Care Concern Report.



Long-Term Care and Community Services

The home must forward to the MLTC a copy of all written complaints that address the following issues:

- Resident abuse and/or neglect
- Theft (where there are reasonable grounds to suspect that theft has occurred)
- Resident care issues that resulted in actual harm to a resident or serious risk of harm to a resident
- Operational issues that resulted in actual harm to a resident or serious risk of harm to a resident
- All follow-up correspondence concerning the above must also be forwarded to the MLTC

All other written complaints that address resident care issues or the operation of the home will not be forwarded to the MLTC, unless the resident/substitute decision-maker specifically states that they would like to make a formal complaint.

Whistle blowing protection

As stated in the applicable legislation:

No person shall retaliate against another person, whether by action or omission, or threaten to do so because,

- (a) anything has been disclosed to an inspector;
- (b) anything has been disclosed to the Director including, without limiting the generality of the foregoing,
 - (i) a report has been made under section 28, or the Director has otherwise been advised of anything mentioned in paragraphs 1 to 5 of subsection 28 (1),
 - (ii) the Director has been advised of a breach of a requirement under this Act, or
 - (iii) the Director has been advised of any other matter concerning the care of a resident or the operation of a long-term care home that the person advising believes ought to be reported to the Director; or



Long-Term Care and Community Services

(c) evidence has been or may be given in a proceeding, including a proceeding in respect of the enforcement of this Act or the regulations, or in an inquest under the *Coroners Act*.

Restraint Policy

(See Nursing Policy Restraint Protocol; further details may be obtained from the Director of Care or CEO)

Marianhill has a policy of least restraint based on the recommendation of the Attending Physician and reviewed quarterly.

Definition of Least Restraint: "Least restraint means that all possible alternative interventions are exhausted before deciding to use a restraint."

Safekeeping of Residents Valuables

You are encouraged to ensure that all valuables i.e. heirlooms are safely secured and placed in a safety deposit box at the bank. Arrangements may be made to place monies in a trust account so that monies are not kept in your room. Marianhill is not responsible for any lost, damaged or stolen items.

Marianhill does not have any storage area available for general storage of residents' off season or other belongings. Arrangements to store these items off site must be made by the resident/family.

Safety & Security

Marianhill is equipped with smoke and heat detectors, with a direct emergency service alarm to the Pembroke Fire Department. A comprehensive fire safety plan is in place to ensure our residents' safety. Fire Alarm pull station boxes are located in the hallways. As per regulations, fire drills are conducted monthly.

Marianhill is equipped with a security system that locks all exterior doors automatically at designated times. For residents' safety the security system at Marianhill is fully activated and the front doors locked. The posted code (5683 Enter) is used to leave the building.



Long-Term Care and Community Services

If entering or leaving the building prior to the designated times, nursing assistance is required. A call system is located at the front door for this purpose.

Special Events

Please refer all requests for resident parties (birthdays, etc.) to the Manager of Recreation and Volunteers at extension 4329. We have developed a standardized process for booking parties and ensuring that all the necessary information is gathered and communicated to Recreation.

Smoking Marianhill is a Smoke-Free Environment
Residents must leave the property in order to smoke. Residents wishing to smoke off the property must be assessed as able to do this independently and safely.

Telephone

New residents who wish to have telephone service will be provided with a telephone and a new telephone number. The cost to the resident is \$50 for installation and \$30 per month. A monthly statement will be issued for the telephone service. Should the resident prefer, the telephone charge can be deducted from the resident's trust fund (an installation charge is applicable if residents request a room change).

Residents who want their phone number published in the Bell Telephone directory may call Bell and have their number listed for a fee.

Television and Internet Services

Cablevision and Internet are available through Cogeco. Please contact them directly to have these services installed. If you require a flat screen television to be wall mounted there is a \$50 charge (this includes installation and dismounting). Please note that this charge will apply if a move is made to another room within Marianhill. Wall mounted televisions are not recommended and must be approved by Marianhill.



Long-Term Care and Community Services

Therapy Services

A Physiotherapist provides an assessment and develops a restorative program for each resident able to benefit from this therapy. This service is provided at Marianhill by independent contract service providers. Other therapy services can also be arranged (Occupational Therapy, speech language, et al.)

Trust Accounts

A trust account may be established with Marianhill's Finance Department to assist with payment for services such as foot care, beauty salon, etc. and to provide access to funds for personal spending. You may arrange to have pension cheques deposited directly to your trust account.

Additional information regarding trust accounts may be obtained at the administration office, Monday to Friday 8:30 a.m. to 4:00 p.m. excluding statutory holidays. Statements of your trust account are provided each quarter. It is recommended that the balance of your trust account not exceed \$500.

COLLECTION OF PERSONAL HEALTH INFORMATION

We collect personal health information about you directly from you or from the person acting on your behalf. The personal health information that we collect may include, for example, your name, date of birth, address, health history, records of your visits to Marianhill and the care that you received during those visits. Occasionally, we collect personal health information about you from other sources if we have obtained your consent to do so or if the law permits.



Long-Term Care and Community Services

USES AND DISCLOSURES OF PERSONAL HEALTH INFORMATION

We use and disclose your personal health information to:

- treat and care for you,
- get payment for your treatment and care (from OHIP, WSIB, your private insurer or others),
- plan, administer and manage our internal operations,
- · conduct risk management activities,
- conduct quality improvement activities (such as sending patients satisfaction surveys),
- teach.
- compile statistics,
- fundraise to improve our healthcare services and programs,
- · comply with legal and regulatory requirements, and
- other purposes permitted or required by law.

YOUR CHOICES

You may access and correct your personal health records or withdraw your consent for some of the above uses and disclosures by contacting us (subject to legal exceptions).

IMPORTANT INFORMATION

We take steps to protect your personal health information from theft, loss and unauthorized access, copying, modification, use, disclosure, and disposal.

We conduct audits and complete investigations to monitor and manage our privacy compliance.

We take steps to ensure that all those who perform services for us protect your privacy and only use your personal health information for the purposes you have consented to.



Long-Term Care and Community Services

CONTACT INFORMATION

For more information about our privacy protection practices, or to raise a concern you have with our practices, contact us at:

Linda M. Tracey, CEO and Privacy Officer, Marianhill Inc. 600 Cecelia St., Pembroke, ON K8A 7Z3 Tel: 613-633-4301 Email: Itracey@marianhill.ca

You have the right to complain to the Information and Privacy Commissioner of Ontario if you think we have violated your rights. The Commissioner can be reached at:

Information and Privacy Commissioner of Ontario 2 Bloor St. East, Suite 1400, Toronto, ON M4W 1A8

Phone: 416-326-3333, 1-800-387-0073 Fax: 416-325-9195

Email: info@ipc.on.ca www.ipc.on.ca