



Marianhill

Safe. Compassionate. Respected.

Inspired by the healing ministry of Jesus Christ and the life of St. Marguerite d'Youville, Marianhill provides love and compassionate care in the Catholic tradition to older adults within their homes, the community and Marianhill.

Meeting Marianhill

A little bit about the lifestyle at this facility

Marianhill was founded in 1954 by the Grey Sisters of the Immaculate Conception. The building at 600 Cecelia Street in Pembroke opened in 1981.

Marianhill is a faith-based organization with 200 residents on site and approximately 160 community clients. Marianhill is governed by a volunteer board and is a charitable private home.

Admission to Marianhill is through Champlain Community Care Access Centre (CCAC).

Meals and Dietary Needs

Marianhill provides three dietary meals per day, three snacks between meals, special

therapeutic diets, dietary supplements and devices that enable residents to feed themselves.

Housekeeping & Laundry

Laundry services include machine washing and drying of personal clothing, including labelling of all clothing.

Bedding and linen that are provided include a comfortable mattress with waterproof covers, pillows, bed linens, wash cloths and towels. Each room comes equipped with a bed, night stand, dresser and lamp.

Daily house cleaning services are provided.

Medical Services

Nursing care is provided on site 24 hours a day, seven days a week. Physiotherapy services are also available on site and Occupational therapy is available upon request.

Restorative Care

Marianhill provides a comprehensive, holistic and resident-focused program which focuses on maximizing an optimal level of functioning. This enables residents to regain and retain their independence following the effects of illness or injury. Individual treatment plans are established.

About Marianhill

Marianhill Inc.
Long Term Care and
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FACILITIES

Dr. L. U. McCluskey Centre
Palliative Care Unit
Long Term Care
Complex Continuing Care

PROGRAMS

Adult Day Service Programs
Assisted Living
MATCH Program
Community Respite Care
Palliative Care
Dietary Services
Direct Care
Pastoral Care
Recreation Services
Therapy Services

MARIANHILL FOUNDATION

Pastoral Care Commitment

How staff and volunteers provide spiritual support

Pastoral Care is a key service provided at Marianhill, offering a sensitivity to the elderly as they journey through life. The spiritual needs of residents are supported with a tranquil chapel, supportive pastoral care staff and volunteers.

The religious needs of all are met. Roman Catholic mass is

held in our Chapel during the week as well as the option for communion. In addition, multi-faith Protestant services are held weekly, and we provide a liaison with the clergy of one's choice.

Our Valued Volunteers

Our trained pastoral care volunteers are faithful and regular visitors who provide a

gentle presence and listening ear to residents. Volunteers with palliative care are trained to work with people facing terminal illness and work along side pastoral care to provide inclusive spiritual care.

Caring for the spirit brings a world of love and acceptance to senior members of our society.



Family Council

The Family Council is an organized, self-led and self-determined group composed of family and friends of Marianhill. The objective of Family Council is to be a liaison between our residents and administration so that we can pursue opportunities for the improvement of quality of life for our residents.

WHAT WE DO

Family Council welcomes and supports families by providing orientation for new families, and by acting as a peer support group on an ongoing basis.

We serve in an advisory capacity to Marianhill by sponsoring focus groups to identify concerns and share information with staff and administration. We also advocate for our residents.

We provide education and information for families on issues related to the long term care system. Family Council provides a means to express concerns and solve problems in cooperation with Marianhill staff.

About Our Staff

In order to ensure the health and well-being of our staff, we have created wellness programs and a staff association to ensure ongoing communication to managers about issues that may arise. We recognize the emotional connection to working here as one that needs to be treated with respect and care.

Providing A Palliative Environment

How Marianhill helps with an individual's final days

The Marianhill Palliative Care Program exists to provide active care to terminally ill adults once their disease has progressed to a non-curative state. We help to manage pain and we provide physical, emotional, social and spiritual support. This Program also exists to assist the family and caregivers.

Our Palliative Unit provides

24-hour nursing care and pastoral care services. This area of Marianhill consists of three private rooms, a lounge and kitchen. The atmosphere is quiet and private for our residents and their families during a stressful time of loss and bereavement. This allows people the privacy of being together as a family.

Admission to the Marianhill

Palliative Care Unit is available to individuals who meet the criteria for this program. Admission is on a referral basis and dependent upon bed availability. We are committed to providing quality care so that individuals can live their remaining days in dignity and comfort, surrounded by family and people who care for them.



Making A MATCH At Marianhill

A program for caregivers in the home

Marianhill delivers a MATCH program which provides relief to caregivers who support individuals who require care in their homes. The program aims to continue social support and stimulation to the person who needs it, but also relieves the caregiver for a period of time in order to prevent burnout from caregiving responsibilities.

The MATCH program is open to frail individuals who reside

within Renfrew County and who require assistance on a regular basis. The individual's care level and behaviour must not present a risk to the worker.

Services Available

MATCH provides respite care for the family caregiver, assistance with personal care (bathing, grooming, dressing and exercise programs), assistance with meal preparation and planning, supportive care

through companionship, motivational activities and socialization. It also assists with referrals to other community services. Assistance with household management such as laundry and light housekeeping is provided as a secondary service and offered as necessary.

Are You A MATCH

MATCH works to help the caregiving role continue at home, while reducing stress and increasing support to people who require care, as well as those who provide it.



Additional Services

Marianhill also offers other services to our residents on a fee-for-service basis. These include: hair dressing, pharmacy co-payment, clothing, companion services, cable, internet and telephone. Mobility equipment, such as wheelchairs and walkers, must be purchased or rented by the resident or family of the resident.

Day Programs Challenge Adults

Caregiver relief is a benefit of county-wide programs

Marianhill operates Adult Day Programs for individuals who can benefit from stimulation and activity. For patients with dementia, we provide a similar program in a more structured setting. The Adult Day Program supports older adults in the community. It helps promote independence and increases the self-esteem of the individual.

By keeping individuals engaged, they can remain independent for a longer period of time, and can maximize their caregiving support levels.

What's Involved with Day Programs?

Day Programs take place throughout Renfrew County and provide an opportunity for making social connections and

meeting new companions. In addition, programs provide a relief option for the caregiver. Meals and snacks are included.

Transportation & Referrals

Transportation can be arranged by contacting Marianhill. Referrals from CCAC and health care providers and caregivers are welcomed.



Support For Individuals With Dementia

A special unit within Marianhill offers 24-hour care

The Dr. L. U. McCluskey Centre is a 10-bed unit that offers overnight stays for individuals with dementia. When a caregiver needs a short-term vacation or a break from the daily responsibility of caring for an individual who is living with dementia, the McCluskey Centre is an option.

Eligibility For Stays

Individuals who are eligible to stay at the McCluskey Centre include those who are medically stable and able to return to their own home following a stay, and

individuals living with dementia or Alzheimer disease.

Services Available

An individual who stays with us in the McCluskey Centre will be surrounded by staff who understand dementia. There is 24-hour nursing support and nutritious meals and snacks. The Centre is a secure environment with generously-sized private bedrooms, each with an ensuite bathroom. The Snozelen Room

also provides relaxation therapy as a non-pharmacological intervention.

A dementia and Alzheimer caregiver support group is also available through Marianhill. These groups provide social and educational support for caregivers so they can continue their responsibilities while maintaining their own personal health and quality of life.



Accreditation Canada provides health care organizations with an external peer review process to assess and improve the services they provide to their patients and clients. Marianhill is an accredited facility.



OUR VISION STATEMENT: Marianhill Inc. is a dynamic, progressive presence in the Ottawa Valley that supports seniors through a diversity of innovative services and programs.

Marianhill Values

Spirituality calls us to nurture the body, mind and soul of each other and those we serve.

Hospitality invites us to create an environment marked by openness, warmth and acceptance for all.

Integrity invites us to a life of honesty, respect and justice.

Dignity requires us to honour the sacredness of life.

Excellence challenges us to be innovative and accountable leaders in the care and services we provide.

Financial Matters

Marianhill has a business office that can assist residents with their financial questions. The business office is open Monday to Friday from 8:30am to 4:30pm. It is closed on holidays.

Residents may establish a trust account with Marianhill to assist with payment for services. These services may include: hair dressing and barbering, personal telephone and cable, dental care, dry cleaning and costs related to transportation to medical appointments. The trust account can also be used to provide funds for personal spending. Residents can arrange to have pension cheques deposited in the trust account.

Statements of the trust account are provided quarterly. Please consult the staff with any questions.

Meeting Dietary Needs For Residents

How Marianhill staff manage nutrition and meal planning

Dietary needs and preferences are determined at the time of admission. Marianhill's Clinical Dietitian assesses nutrition status quarterly and notes any changes in the resident's medical condition or dietary preferences that may require a change in the nutrition care plan.

A three-week menu cycle is followed to ensure a variety of

foods are offered. There are designated meal times for each of the three meals per day.

Snacks Three Times Per Day

Snacks are available for all residents between meals. Both meals and snacks are prepared on site in the main kitchen, according to Canada's Food Guide and the Long Term Care Guidelines.

Assisted Meal Time

For those residents who require assistance with eating, special dining areas are staffed to meet those individual needs.

Residents are encouraged to participate in the meal planning process. A meal planned by the residents is offered monthly.

Special Events

Special family Christmas

meals are offered in the period immediately prior to Christmas. Approximately one month in advance, notices are posted to allow families to make reservations. Rooms are available to accommodate larger family events.

Our goal is to meet the nutritional needs of each resident at Marianhill.



Recreation Programs

Marianhill offers a variety of recreational activities for residents, both within and outside of the facility.

Activities are offered in large group, small group and a one-on-one basis, depending on the type of activity and the needs of each individual person.

Activity boards are placed throughout Marianhill announcing upcoming activities. In addition, monthly activity calendars are circulated to all residents. Activities are open to family and friends.

An example of activities includes: bingo, carpet bowling, sing songs, current events, socials, entertainment, exercises and reading groups.

We are always open to hear suggestions by residents for additional activities. Keeping our residents interested in recreation is something we value greatly at our facility.

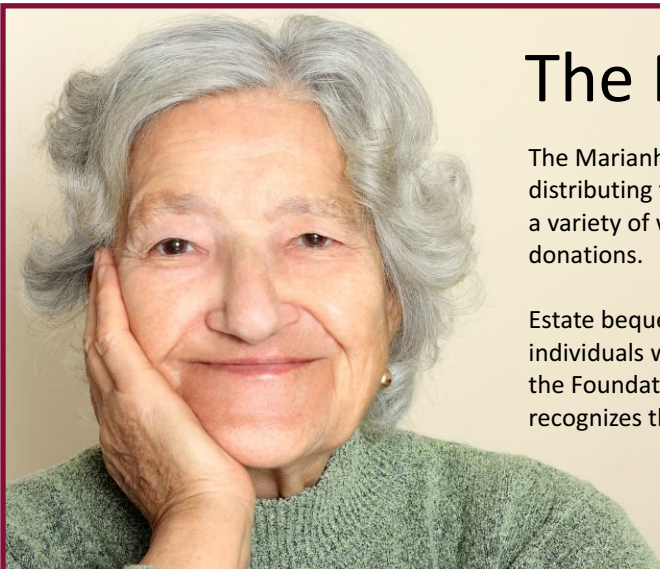
Commitment to Safety

Marianhill has a comprehensive fire safety plan in place to ensure the safety of our residents. We have a direct emergency service alarm to the Pembroke Fire Department. As per regulations, fire drills are conducted monthly.

Our security system locks all exterior doors automatically at designated times. The posted code is used to enter and leave the building. If entering or leaving prior to the designated times, a call system at the front door connects you with nursing assistance.

Hazard Identification

Marianhill uses a red hazard tag to identify any equipment or item that is broken and not to be put in use, in addition to appropriate signage (ie: wet floors.) If you have a concern about safety at our facility, please bring it to our attention. Safety is a key concern for Marianhill and the many people who make their home here.



The Marianhill Foundation

The Marianhill Foundation supports the programs of Marianhill by generating and distributing financial and community resources. Our Foundation receives funding through a variety of ways, including through the commemoration of loved ones by memorial donations.

Estate bequests are also an important source of our donation revenue, and come from individuals who have spent time with us, or community-minded residents who remember the Foundation as part of their will and estate planning. Our Donor Tree is a symbol which recognizes the generosity of our donors. It is located in the front lobby of the home.

For more information on the Marianhill Foundation, please call 613-735-6838 or email info@marianhill.ca